



2022-2023 DRESS CODE

All dress code dancewear may be purchased from the 509 Dancewear Store, located on-site in the lobby of CCDT's studios. Please visit the [509 Dancewear webpage](#) for more information.

Important Dress Code Notices for ALL DANCE CLASSES:

- **Hair** must always be pulled securely away from the face and neck (please use bobby pins, clips, a headband, etc. as needed), and long hair must be fully secured for ballet (e.g. ballet bun, French twist, tidy pinned-up braids, etc.)
- **Jewelry** should be kept to a minimum (e.g. studs and small piercings only; please no dangling earrings, bracelets, or necklaces)
- **Nails** should generally be groomed short and natural/neutral
- Any **warm up attire** must be sleek and fitted to the dancer's body, and may be worn at the instructor's discretion
- For any **trial class** for which you do not own the appropriate dress code, let staff know in advance and we will advise a relaxed dress code acceptable for the trial class only (full dress code will be expected if and when the dancer is fully registered)
- **All dress code will be enforced at the instructor's discretion**; if an instructor requests or permits any attire for their specific class that differs from the list below, please adjust accordingly

Please note that CCDT accepts **gender-neutral dance attire**. If the dancer chooses, they may wear close-fitting, solid-colour dance attire not on this specified list. Hair must always be pulled securely away from the face and neck, and appropriate footwear must be worn for the class.

MUSIC & MOVEMENT

Children and parents should dress comfortably for light movement; socks and shoes will be removed at the door.

CREATIVE MOVEMENT

Girls: Pink, light blue or lilac leotard with matching skirt (no tutus, sequin or fluffy skirts), bare feet

Boys: White short-sleeved tee-shirt, solid-coloured shorts, bare feet

PRE-PRIMARY & PRIMARY BALLE

Girls: Lilac leotard with matching skirt (no tutus, sequin or fluffy skirts), pink or flesh-tone ballet tights, pink or flesh-tone full-sole ballet slippers

Boys: White short-sleeved t-shirt, solid-coloured shorts, white ankle socks & white full-sole ballet shoes

RAD BALLE

Some tutorials for making a ballet bun and other ballet hairstyles:

[How To Make A Ballet Bun](#)

[How To Do A Dance Bun on Natural Afro Hair](#)

[French Roll, Ballet Bun, Halo Bun](#)

[Ballet Hairstyles for Short Hair](#)

[Many more ideas, tutorials, and videos can be found by searching Google, YouTube, Instagram, etc.]

Grade I Ballet

Girls: Lilac leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-sole ballet slippers, black low-heeled character shoes, character skirt

Boys: White short-sleeved t-shirt, solid-coloured shorts, white ankle socks & white full-sole ballet shoes

Grades II & III Ballet

Girls: Navy leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-sole ballet slippers, black low-heeled character shoes, character skirt

Boys: White short-sleeved t-shirt, black or navy leggings, white ankle socks & white full-sole ballet shoes, boys' character shoes

Grades IV & V Ballet

Girls: Burgundy leotard with matching waist elastic, pink or flesh-tone ballet tights, pink or flesh-tone full-sole ballet slippers, black Cuban-heeled character shoes, character skirt

Boys: White short-sleeved t-shirt, black or navy leggings, white ankle socks & white full-sole ballet shoes, boys' character shoes

Intermediate Foundation, Intermediate, Advanced Foundation, Advanced I & II Ballet

Girls: Leotard (any style/colour), pink or flesh-tone tights, pink or flesh-tone split-sole ballet slippers

Boys: Fitted t-shirt or tank top (any solid colour), black or navy boys'/men's ballet tights or leggings (footed or footless) with black, white or flesh-tone split-sole ballet slippers

LEVEL 3/4 BALLET

Girls: Leotard (any style/colour), pink or flesh-tone tights, pink or flesh-tone full-soled ballet slippers

Boys: White short-sleeved t-shirt, solid-coloured shorts, white ankle socks & white full-soled ballet shoes

MODERN

All Recreational & Pre-professional Classes

Girls: Leotard (any style/colour), pink, flesh-tone, or black footless tights with bare feet, socks may be permitted for the first part of class at the instructor's discretion

Boys: Fitted t-shirt or tank top (any solid colour), black footless tights or leggings with bare feet, socks may be permitted for the first part of class at the instructor's discretion

CONDITIONING

Girls: Leotard (any style/colour), pink, flesh-tone, or black footless tights with bare feet

Boys: Fitted t-shirt or tank top (any solid colour), black footless tights or leggings with bare feet

All Dancers: Additional fitted, solid-coloured layers for warmth may be permitted at the instructor's discretion. Avoid ponytails or buns at the centre of head as this may be uncomfortable for supine work (e.g. secure long hair low or high on the head).

TAP

Solid-coloured leotard or fitted t-shirt; black tights, leggings or narrow jazz pants; black tap shoes

JAZZ/MUSICAL THEATRE

Solid-coloured leotard or fitted t-shirt; black tights, leggings or narrow jazz pants; black jazz shoes

HIP HOP

Solid-coloured t-shirt or tank top, sweatpants or track pants, clean indoor sneakers (street shoes are NOT permitted on the dance studio floor)