



SUNDANCE 2021 - PROGRAM INFORMATION

As of April 15, 2021

SunDance 2021, presented by The School of CCDT in association with the Royal Academy of Dance and Healthy Dancer Canada, is thrilled to offer its 24th summer of enriching talented dancers ages 8-19 over three weeks of intensive training and artistic experiences. Please read on to learn more about this year's unique and innovative summer intensive!

Please Note: *While we aspire to offer SunDance 2021 as detailed below, all aspects of the program are subject to change in light of the COVID-19 pandemic and corresponding Toronto Health regulations.*

HYBRID PROGRAM FORMAT

SunDance 2021 is intended to be offered in person at The School of CCDT's 509 DANCE studios in downtown Toronto. At this time, we are planning a comprehensive and engaging **hybrid summer intensive**, which will combine **both online and in-studio training** with some of Canada's foremost dance artists and educators from across the country.

Dancers will participate in a rotating schedule, alternating between a full day of in-studio training with live musical accompaniment, and a shorter day of online training in an exciting variety of dance techniques and classes. This hybrid format will allow us to keep in-studio class sizes within government restrictions to ensure the health and safety of all SunDance participants and staff. Online classes will be shortened in length to minimize Zoom fatigue, while offering sophisticated and varied training tailored for safe at-home practice.

The final intensive format and schedule will be shaped and adjusted in the coming weeks to comply with all government COVID-19 regulations and restrictions, keeping health and safety at the fore of our decision-making. **We intend to confirm the final SunDance 2021 program schedule and details by early June 2021.**

ONLINE-ONLY OPTION

Dancers may opt to register for the online portion of the program only, participating in 3-4 daily classes on Zoom from home. Online-only dancers will follow the same schedule of classes every day and are expected to register for the full 3-week intensive.

NOTE: All members of CCDT's 2021/22 Company and Apprentice Programs are required to participate in the full hybrid intensive of both in-studio and online training.

SURPRISE CLASSES

All SunDance participants will experience a series of “Surprise Classes” at intervals throughout the intensive. These may include classes with international guest teachers on Zoom, special workshops in different dance styles, and more!

DANCE DISCUSSIONS

Dance Discussions will welcome a team of established dance educators, researchers, and health professionals from Healthy Dancer Canada to lead stimulating, informative, and age-appropriate virtual workshops. Sample topics include: Psychological Skills for Performance and Optimal Nutrition for Dancers.

SHOWCASE & AWARDS

Culminating SunDance 2021, we invite all participants and their families to join us on Zoom for a special closing reception and digital showcase of select class and repertoire work captured on camera. At this time, two \$1,500 scholarships will be awarded to dancers who have shown outstanding merit, dedication, and improvement during the intensive. Scholarships are funded by the Royal Academy of Dance and The School of CCDT.

SAMPLE CLASS SCHEDULES

All daily schedules include 15-min breaks between classes and one 30-min lunch break. Please note that this is a SAMPLE ONLY; all classes and schedules are subject to change and revision leading up to the intensive.

PROGRAM A - ADVANCED

A: In-Studio Classes (1.5-1.75 hrs each)

- Ballet Technique
- Modern Technique
- Classical Repertoire (optional pointework)
- Modern Repertoire

A: Online Classes (1 hr each)

- Conditioning (Progressing Ballet Technique or Conditioning-with-Imagery)
- Contemporary Technique
- Floorwork
- Improvisation

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(Sample Schedules, continued)

PROGRAM B - INTERMEDIATE

B: In-Studio Classes (1.5 hrs each)

- Ballet Technique
- Modern Technique
- Character Dance
- Modern Repertoire

B: Online Classes (1 hr each)

- Conditioning (Progressing Ballet Technique or Conditioning-with-Imagery)
- Contemporary Technique
- Jazz
- Improvisation

PROGRAM C - ELEMENTARY*

C: In-Studio Classes (1.25-1.5 hrs each)

- Ballet Technique
- Modern Technique
- Character Dance
- Modern Repertoire

C: Online Classes (1 hr each)

- Conditioning (Progressing Ballet Technique or Conditioning-with-Imagery)
- Jazz
- Improvisation

*Program C Intro is combined with Program C for one week from July 5-9, 2021.

TUITION

Full 3-Week Hybrid Program A/B/C: \$1,500

Full 3-Week Online-Only Program A/B/C: \$1,250

One-Week Introductory Program C: \$620

A deposit of \$200 (or \$75 for One-Week Intro) must be submitted with your completed registration form to secure your place in the program. Dancers applying during the extended audition period (April 19 - June 2) will be accepted on a first-come, first-served basis, until all spots in the program are filled; subsequent applicants may be placed on a Waitlist. Full payment info is detailed on the SunDance 2021 Registration Form, sent out at the time of acceptance.